



## ▶▶ Service Area 7 Peer Resource Center Healing Art

**Every First Tuesday of the Month  
2 – 3 PM**

Service Area 7 Peer Resource Center invites you to join us for Healing Art! This group provides an understanding environment for healing and recovery through art. Learn how to allow stress, anxiety, and depression, to melt away by engaging in relaxing free form art activities while learning more about yourself.

Here are two ways to join:

**Virtually** on [Microsoft Teams Meeting](#)  
or call 323.776.6996,  
Conference ID: 959 475 793#

**In-person** at SA 7 Peer Resource Center  
6330 Ruby Ave Suite 200.  
Huntington Park, CA 90255

This group is bilingual in English and Spanish. For more information, please contact us at [SA7PRC@dmh.gov](mailto:SA7PRC@dmh.gov) or call 323-705-5992.



HEART-FORWARD



LOS ANGELES COUNTY  
DEPARTMENT OF  
MENTAL HEALTH  
hope. recovery. wellbeing.