

Service Area 7 Peer Resource Center
Youth Connections

## **Every Wednesday of the Month** 5 – 6 PM

Service Area 7 Peer Resource Center and Hope Community Church invite you to join them for Youth Connections! This group provides a safe place where you can build a supportive network of friends to share your lived experience and grow together. Learn how to better cope with stress, anxiety, depression, and other common barriers, or simply to listen and gain support from your peers.

Here are two ways to join:

**Virtually** on Microsoft Teams Meeting or call 323.776.6996,

Conference ID: 983 499 532#

In-person at Hope Community Church 5044 Durfee Ave. Pico Rivera, CA 90660

This group is bilingual in English and Spanish. For more information, please contact us at SA7PRC@dmh.gov or call 323-705-5992.



