

WHITTIER COMMUNITY FOUNDATION







TUE

PANCAKE BREAKFAST Sponsor



HAWAII GIVE-A-WAY





Race Location: **Whittier Community Center**

7630 Washington Ave., Whittier, CA 90602

PROCEEDS:

The Whittier Community Foundation proceeds will go towards supporting the The Fire Fighter Tribute Statue.

For more information, call (562) 567-9400 / galaniz@cityofwhittier.org



Whittier 5K Race & Walk

RAIN OR SHINE

Register at: www.whittier5k.com

RACE FEATURES

EARLY PACKET PICK UP 12-5 p.m.

Community Center, Friday, October 25, 2019

Custom designed Finishers' Medal for all runners

Cash prize to top overall male & female 5K finisher

USATF Certified course

Chip Timing

T-shirt

 Pancake Breakfast (Free for all registered runners, \$3.00 for non-registered)

Awards three deep

DJ's along the course

Computerized finish line results provided by Gemini Next

Refreshments and Goodie Bags for all participants

 Costume contest - Costumes <u>must</u> be family appropriate (Contestants must be a registered participant and participate in the race)

Beer Garden 21yr. & over

RACE DAY

6:30 a.m. Registration Opens

7:30 a.m. Creepy Crawly ½ Mile Dash - 12 & under

8:00 a.m. 5K Run/Walk

9:30 a.m. Costume Contest (Contestants must be a registered

participant and participate in the race)

9:45 a.m. Award Ceremony

NEW COURSE

This unique course consists of a slight incline for the first half of the race with the second half of the race downhill—Fun Course!!

HAWAII GIVE—A—WAY RULES

- Trip is Land only.
 Does not include airfare.
- Winner must be present and be
 18 years and older.
 Proof of age required.
- · Winner must be a registered participant
- · Restrictions/Blackout dates apply

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| B EVERLY | BROADWAY | - 1 | CAMILLA ST HADI EYST | B.ALEY ST | PAINTE LAVE | PHLADEIPHAST WARDMANST | St. | art/Finish | MARVISTA | |
| | | FRIENDS AVE | | | FRIENDS AVE | | FRIENDS AVE | 5 | Friends Park | WALNUTST |
| | | NASHIN GTON AVE | | Central Park | WASHINGTONAM | | WASHINGTONAN | PEN | | WALN |
| \Box | 10 | ERIGHT AVE | ☆ | | BRIGHT AVE | | BRIGHTAVE | | 샾 | |
| | 4 | GREENLENF AND | | 4 | _ | | GEBILEAF AVE | 4 | | |
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| BEVERLY | | BROADWAY | CAMILLAST | нарсеу ст | BALEYST | PHUEBHAS | WARDMAN ST | PBNN ST | MARVISTA | WALNUTST |
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| Email | | | | | | |
|---|-----------------------|------------|--|-----------------------|--------------|---------|
| Last Name | | | | | | |
| First Name | | | | | | |
| Mailing Address | | | | | | |
| City | | | | | | |
| Zip | ate | Ag | Age on Race Day | | | |
| Phone | | | Sex | x: M | F | |
| Emergency Pho | ne | | | | | |
| T-shirt Size □Add | ult □Youth | □Small | □Medium | □Large | e □XL | |
| Registration 5K Run/Walk | May 1st-Aug 2th | Aug 3rd-Se | lar La pt 27 th Sept 28 th 5 | h-Oct 24th | Oct 25th-C | Oct 26# |
| Children's 1/2 Mile Dash 12 & UNDER Registratio | \$15 on Includes T | | 8 Goodie Ba | \$21 g • NC | \$2 REFUN | |
| Mail to: City of Whittier - 5K Pun - 13230 Penn St. Whittier CA 90602 | | | | | | |

Mail to: City of Whittier – 5K Run – 13230 Penn St., Whittier, CA 90602 Make Check Payable to: Whittier Community Foundation

| 5K Race Divisions: | | | | | | | |
|----------------------------------|-------------------------------|-------------------------------|-------------------------------|----------------------|--|--|--|
| 13 & under 14 - 18 19 - 24 | 25 - 29 30 - 34 35 - 39 | 40 - 44 45 - 49 50 - 54 | 55 - 59 60 - 65 66 - 70 | 71 - 75 76 & over | | | |
| CREEPY | CRAWLY % N | AILE DASH : _ | 12 & under | | | | |

Register at: www.whittier5k.com

| METHOD | OF PAYMENT: | □ Cash | ☐ Checl |
|--------|-------------|--------|---------|
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WAIVER (Must Be Signed)

I hereby agree to indemnify, defend and hold harmless the City of Whittier, its officers, and employees, agents and volunteers, from and against any and all claims, damages, liability, expenses, and judgments, including attorney's fees in any way arising from my (or my child's) participation in the program for which I am registering him/her. I understand and am familiar with the nature of the event or activity and recognize that this event or activity can be dangerous to me (or my child) and accept those dangers. In case of emergency, I give my permission for emergency medical treatment. I also give my permission to the City of Whittier to photograph me or my child participating in this event or activity for advertising purposes for City of Whittier and acknowledge I will not receive any compensation for such use. My signature acknowledges that I understand and agree to the above conditions.

Signature

(Parent signature required if entrant is under 18 years of age)



