

Senior Advisory Committee Meeting Agenda Announcement

On September 16, 2021, Governor Newsom signed into law Assembly Bill 361, which allows Brown Act bodies to attend meetings telephonically. Please be advised that some, or all of the Senior Advisory Committee may attend this meeting telephonically.

Consistent with mandates of Assembly Bill 361 and local adopted policies, a physical location from which members of the public may observe the meeting or offer public comment will not be made available. City Hall will not be open to the public for this meeting; however viewing and public comment options are provided below.

To submit Public Comments/Questions:

- Email: ehamilton@cityofwhittier.org
- Voicemail: (562) 567-9400

To view live meetings remotely:

- Video and audio: <https://us06web.zoom.us/j/94411005165>
- Audio only: Dial 1(253) 215-8782 (Meeting ID: 944 1100 5165)

Please submit email comments by 12:00 p.m. on the date of the meeting to ensure Senior Advisory Committee Members receive and have time to review them. All emails received by 12:00 p.m. are forwarded to the Committee. Emails received after 12:00 p.m. but before the conclusion of public comments will be entered into the record.

Americans with Disabilities Act

Disability-related services are available to enable persons with a disability to participate in this meeting, consistent with the Federal Americans with Disabilities Act of 1990. Spanish interpreters are also available. For information or to request services, please contact the Parks, Recreation and Community Services Department at least 24 hours in advance of the meeting at (562) 567-9400.

**AGENDA
REGULAR MEETING
CITY OF WHITTIER
SENIOR ADVISORY COMMITTEE
WHITTIER SENIOR CENTER, 13225 WALNUT STREET
JANUARY 12, 2022, 1:30 PM**

1. CALL TO ORDER

2. ROLL CALL

Shirley Oebel, Chair
Delia Morales, Vice Chair
Irene Corral, Member
Geneva Crawford, Member
Rose Mary Garcia, Member
Stella Reyes, Member
Rachel Slifko, Member

3. PLEDGE OF ALLEGIANCE

4. PUBLIC COMMENTS

The public is invited to address the Senior Advisory Committee regarding any item of business, or any matter within the body's subject matter jurisdiction. Consistent with Executive Order No. N-29-20 public comments can be made via:

- Email: ehamilton@cityofwhittier.org
- Voicemail: (562) 567-9400

Please submit email and voicemail public comments by 12:00 p.m. on the date of the meeting to ensure Committee Members receive and have time to review them. All emails and voicemails received by 12:00 p.m. are forwarded to the Committee. Emails and voicemails received after 12:00 p.m. but before the conclusion of public comments will be entered into the record.

Pursuant to State law, the Committee cannot take action or express a consensus of approval or disapproval on any communications which do not appear on the printed agenda.

5. STAFF REPORTS

5.A Approval of Minutes

Recommendation: Approve the Minutes of the Regular Meeting of March 10, 2021, May 12, 2021, July 14, 2021, and September 8, 2021.

5.B Information & Referral Updates for September to December 2021

Recommendation: Receive and file the Information and Referral report for September to December 2021.

5.C Uptown Senior Center Update

Recommendation: Receive and file Uptown Senior Center renovation updates.

5.D Parnell Senior Center Events & Programming

Recommendation: Receive and file Parnell Senior Events & Programming updates.

New Senior Advisory Committee Member Application

Recommendation: Appoint David Wilkens to fill a part-term vacancy on the Senior Advisory Committee expiring June 30, 2022.

6. SECRETARY COMMENTS

7. COMMITTEE MEMBER COMMENTS AND CONFERENCE REPORTS

8. ADJOURNMENT

Disability-related services are available to enable persons with a disability to participate in this meeting, consistent with the Federal Americans with Disabilities Act of 1990. Spanish interpreters are also available. For information or to request services, please contact the Parks, Recreation and Community Services (PRCS) Department at least 24 hours in advance of the meeting at (562) 567-9400.

The agenda packet is available three days before the meeting in the PRCS Department at City Hall (13230 Penn Street), Whittier Central Library (7344 Washington Avenue) and East Whittier Branch Library (10537 Santa Gertrudes Avenue). Additionally, the agenda packet can be viewed on the City's website. Materials distributed to the Senior Advisory Committee within 72 hours of the Committee meeting are available for public inspection in the PRCS Department's Office.

Los servicios relacionados con la discapacidad están disponibles para permitir que las personas con discapacidad participen en esta reunión, de conformidad con la Ley Federal de Estadounidenses con Discapacidades de 1990. También hay intérpretes en español disponibles. Para obtener información o para solicitar servicios, comuníquese con el Departamento de Recreación y Parques al Servicio a la Comunidad al menos de 24 horas antes de la reunión al (562) 567-9400.

El paquete de la agenda está disponible tres días antes de la reunión con El Departamento de Recreación y Parques al Servicio a la Comunidad en el Ayuntamiento (13230 Penn Street), Biblioteca Central de Whittier (7344 Washington Avenue) y Biblioteca sucursal del este de Whittier (10537 Santa Gertrudes Avenue). Además, el paquete de la agenda se puede ver en el sitio web de la Ciudad. Los materiales

distribuidos al Comité Consultivo Superior dentro de las 72 horas de la reunión del Concejo Municipal están disponibles para inspección pública en la con el Departamento de Recreación y Parques al Servicio a la Comunidad.

I hereby certify under penalty of perjury, under the laws of the State of California that the foregoing agenda was posted in accordance with the applicable legal requirements. Regular and Adjourned Regular meeting agendas may be amended up to 72 hours in advance of the meeting. Dated this 7th day of January 2022.

/s/ ERIN HAMILTON

Erin Hamilton, Community Services Manager



Agenda Report

Senior Advisory Committee

Date: January 12, 2022

To: Senior Advisory Committee

From: Erin Hamilton, Community Services Manager

Subject: Approval of Minutes

RECOMMENDATION

Approve the Minutes of the Regular Meeting of March 10, 2021, May 12, 2021, July 14, 2021, and September 8, 2021.

BACKGROUND

None.

DISCUSSION

Staff prepared draft minutes and hereby submits the minutes for Commission's approval.

FISCAL IMPACT

None.

STRATEGIC PLANNING GOAL

Goal 4: Transparent & Open Government

ATTACHMENTS

- A. Minutes of the Regular Meeting of March 10, 2021
- B. Minutes of the Regular Meeting of May 12, 2021
- C. Minutes of the Regular Meeting of July 14, 2021
- D. Minutes of the Regular Meeting of September 8, 2021

**MINUTES
CITY OF WHITTIER
SENIOR ADVISORY COMMITTEE
REGULAR MEETING
PALM PARK AQUATICS AND TENNIS CENTER, 5703 PALM AVENUE, WHITTIER
MARCH 10, 2021 – 1:30 P.M.**

OATH OF OFFICE

The oath of office was administered to new Committee Member Rose Mary Garcia.

1. CALL TO ORDER

The Senior Advisory Committee of the City of Whittier met in Regular Session at the Palm Park Aquatics and Tennis Center, 5703 Palm Avenue, Whittier, California. Vice-Chair Morales called the meeting to order at 1:38 p.m.

2. ROLL CALL

PRESENT: Geneva Crawford, Member (via cell phone)
Rose Mary Garcia, Member
Stella Reyes, Member
Rachael Slifko, Member
Delia Morales, Vice-Chair

ABSENT: Irene Corral, Member
Shirley Oebel, Chair

STAFF PRESENT:

Virginia Santana, Director of Parks, Recreation and Community Services
Martin Browne, Community Services Manager
Alyssa Rico, Community Services Supervisor
Art Carrasco, Community Services Coordinator
Alex Rodriguez, Office Specialist III

3. PLEDGE OF ALLEGIANCE

Vice-Chair Morales led the Pledge of Allegiance to the United States flag.

4. PUBLIC COMMENTS

Manager Browne reported no public comments had been received.

5. STAFF REPORTS

5.A. Approval of Minutes

It was moved by Member Crawford, seconded by Member Slifko, and approved unanimously by roll call vote, to approve the Minutes of the Regular Meeting of March 11, 2020 as submitted (Absent: Member Corral and Chair Oebel).

5.B. Senior Advisory Committee – Bylaws, Member Terms of Office, and Subcommittees

Manager Browne explained that permission was obtained from the City Clerk Department to temporarily extend the expired terms of Members Crawford, Slifko, and Garcia due to COVID-19 and the closure of the Senior Center.

Vice-Chair Morales distributed a memorandum, written by Chair Oebel and herself, that highlighted several suggestions to update the Committee Bylaws, which included a change to the membership rule to allow members residing in Unincorporated Whittier to run for election on the Senior Advisory Committee.

Member Garcia expressed that she wanted to be added to the Programs Subcommittee.

It was motioned by Member Crawford, seconded by Member Garcia, and approved unanimously by roll call vote to approve the current subcommittee roster with the addition of Member Garcia to the Programs Subcommittee (Absent: Member Corral and Chair Oebel).

Manager Browne stated a meeting would be held with the Bylaws Subcommittee to discuss possible changes to the bylaws, which can be presented to the Senior Advisory Committee Members at a future meeting.

In response to a question from Vice-Chair Morales about holding Senior Advisory Committee elections twice a year to fill the vacancies more effectively, Manager Browne stated that the Chair has the authority to appoint a new member throughout the year if a vacancy arises.

It was motioned by Member Crawford, seconded by Vice-Chair Morales, and approved unanimously by roll call vote, to receive and file the update on the Senior Advisory Committee Bylaws regarding member terms of office and subcommittees (Absent: Member Corral and Chair Oebel).

5.C. Senior Center Building Update

Manager Browne informed the Committee that the Salvation Army agreement with the City for the use of the Senior Center as an Emergency Homeless Shelter has been extended for an additional six-month period. He explained that once the Salvation Army vacates the building, the Facility/Safety Subcommittee will meet and provide suggestions for renovations to the Senior Center. Vice-Chair Morales suggested that the City install an automatic front door and swap out bathroom doors for something easier to open.

Director Santana updated the Committee on the renovation suggestions. She explained that a meeting is being arranged with the building inspector to determine what changes can be made or will be needed once the center is returned to our Department. Following discussion, Manager Browne requested that all building improvement suggestions be forwarded to the Facility/Safety Subcommittee.

It was motioned by Member Crawford, seconded by Member Garcia, and approved unanimously by roll call vote to receive and file the Senior Center Building update (Absent: Member Corral and Chair Oebel).

5.D. Information and Referral Update for December 2020

Supervisor Rico updated the Committee on the information and referral status from December 2020 and reported that calls for homeless resources, housing referrals, home care, and food programs increased during December 2020.

Manager Browne explained that the City has received funds from the CARES Act to purchase two new buses for Dial-A-Ride services. Then, Vice-Chair Morales expressed her satisfaction with the Dial-A-Ride service and encouraged all other Committee Members to sign up for the service.

It was motioned by Member Reyes, seconded by Member Garcia, and approved unanimously by roll call vote to receive and file the Information and Referral Report for December 2020. (Absent: Member Corral and Chair Oebel).

5.E. Senior Newsletter Naming Survey

Manager Browne and Supervisor Rico updated the Committee on the reasoning behind changing the name of the Senior Newsletter from "Senior Moments" to "Senior Scoop." In addition, they proposed issuing a survey to all Senior Center members once the center re-opens to provide everyone with an opportunity to be part of the process of updating the name of the newsletter.

Committee Members voiced concern over not being involved in the initial process to change the Senior Newsletter's name to "Senior Scoop." Additionally, was a consensus among the Committee to change the newsletter name back to "Senior Moments."

Following discussion, Secretary Santana proposed a compromise where the newsletter's name will revert to "Senior Moments" with immediate effect until the Senior Center re-opens and a member survey is conducted.

It was motioned by Member Reyes, seconded by Member Garcia, and unanimously approved by roll call vote to temporarily change the name of the Senior Newsletter back to "Senior Moments" and approve a membership-wide

survey for a new name when the Senior center re-opens (Absent: Member Corral and Chair Oebel).

5.F. Senior Center Programming Update

Supervisor Rico provided an update on Senior programming during the COVID-19 pandemic and highlighted the following programs: 'Notes For Nana' pen pal program that helped keep Seniors engaged with the community; the home-delivered meals program that served 150 seniors daily; wellness-check calls; National Senior Citizen Day; monthly Birthday visits to seniors; 'Gobble Gobble' drive-in bingo event; and the 'Curbside Cupid' Valentine's giveaway.

It was motioned by Member Reyes, seconded by Member Slifko, and approved unanimously by roll call vote to receive and file the Senior Center Programming update. (Absent: Member Corral and Chair Oebel).

6. SECRETARY COMMENTS

None.

7. COMMITTEE MEMBER COMMENTS AND CONFERENCE REPORTS

Member Crawford requested innovative and creative ideas for programming once Senior Center re-opens. She also thanked staff for the wellness check calls she had received.

Member Slifko asked if it would be possible to provide new member orientations and membership confirmation once the Senior Center re-opens.

Vice-Chair Morales commented that it would be good to have the concierge program verify membership and serve as a welcoming committee. She also requested that all Committee Members receive advanced notification of events via email.

Member Garcia requested the quilting class be held in another room due to the popularity and lack of space in the current room.

8. ADJOURNMENT

Vice-Chair Morales adjourned the meeting at 3:21 p.m.

Respectfully submitted,

Erin Hamilton
Community Services Manager

**MINUTES
SENIOR CENTER ADVISORY COMMITTEE
REGULAR MEETING
PALM PARK AQUATICS AND TENNIS CENTER, 5703 PALM AVE, WHITTIER
MAY 12, 2021**

1. CALL TO ORDER:

Vice Chair Morales called the regular meeting of The Senior Advisory Committee to order at 1:40pm at the Palm Park Aquatics and Tennis Center, 5703 Palm Ave, Whittier, California.

2. ROLL CALL:

**ACCESSIBILITY COMMITTEE
MEMBERS PRESENT:**

Geneva Crawford, Member Via Cell phone
Stella Reyes, Member
Delia Morales, Vice Chair

**ACCESSIBILITY COMMITTEE
MEMBERS ABSENT:**

Rachel Slifko, Member
Irene Corral, Member
Rose Mary Garcia, Member
Shirley Oebel, Chair

OTHER OFFICIALS PRESENT:

Martin Browne, Community Services Manager
Alyssa Rico, Community Services Supervisor
Art Carrasco, Community Services Coordinator
Nakiea Sandoval, Office Specialist II

3. ADJOURNMENT:

Due to lack of a quorum, Vice Chair Morales, immediately adjourned the meeting.

Respectfully submitted,

Erin Hamilton
Community Services Manager

**MINUTES
SENIOR CENTER ADVISORY COMMITTEE
REGULAR MEETING
PARNELL PARK 15390 LAMBERT ROAD, WHITTIER, CA 90604
JULY 14, 2021**

1. CALL TO ORDER:

At 1:35 p.m. on Tuesday, July 14, 2021, in the Walnut Room at the Parnell Park Senior Activities Center, 15390 Lambert Road, Whittier, it was the date and time for the Regular Meeting of the Senior Center Advisory Committee.

2. ROLL CALL:

**SENIOR ADVIOSORY COMMITTEE
MEMBERS PRESENT:**

Geneva Crawford, Member
Rosemary Garcia, Member
Rahael Silfko, Member
Delia Morales, Vice Chair

**SENIOR ADVIROSY COMMITTEE
MEMBERS ABSENT:**

Shirley Obel, Chair
Stella Reyes, Member
Irene Corral, Member

OTHER OFFICIALS PRESENT:

Martin Browne, Community Services Manager
Alyssa Rico, Community Services Supervisor
Art Carrasco, Community Services Coordinator
Nakiea Sandoval, Office Specialist II

3. ADJOURNMENT:

Due to lack of a quorum, Community Services Manager Browne immediately adjourned the meeting.

Respectfully submitted,

Erin Hamilton
Community Services Manager

**MINUTES
SENIOR CENTER ADVISORY COMMITTEE
REGULAR MEETING
PARNELL PARK, 15390 LAMBERT ROAD, WHITTIER, CA 90604
SEPTEMBER 8, 2021**

1. CALL TO ORDER:

At 1:40 p.m. on Wednesday, September 8, 2021, in the Walnut Room at the Parnell Park Senior Activities Center, 15390 Lambert Road, Whittier, it was the date and time for the Regular Meeting of the Senior Center Advisory Committee.

2. ROLL CALL:

**SENIOR ADVIOSORY COMMITTEE
MEMBERS PRESENT:**

Geneva Crawford, Member
Rose Mary Garcia, Member
Stella Reyes, Member
Rachael Silfko, Member

**SENIOR ADVIROSY COMMITTEE
MEMBERS ABSENT:**

Shirley Oebel, Chair
Delia Morales, Vice Chair
Irene Corral, Member

OTHER OFFICIALS PRESENT:

Martin Browne, Community Services Manager
Alyssa Rico, Community Services Supervisor
Amanda Krause, Community Services Coordinator
Nakiea Sandoval, Office Specialist II

3. ADJOURNMENT:

Due to lack of a quorum, Community Services Manager Browne immediately adjourned the meeting.

Respectfully submitted,

Erin Hamilton
Community Services Manager



Agenda Report

Senior Advisory Committee

Date: January 12, 2022

To: Senior Advisory Committee

From: Erin Hamilton, Community Services Manager

Subject: Information & Referral for Updates September to December 2021

RECOMMENDATION

Receive and file the Information and Referral report for September to December 2021.

BACKGROUND

None.

DISCUSSION

Staff prepared the Information and Referral report for September 2021 to December 2021 and hereby submits the report for Committee's review. The report will provide a summary of the calls for service, the information presented, and a summary of any local events or trainings offered to residents.

FISCAL IMPACT

There is no fiscal impact associated with this report.

STRATEGIC PLANNING GOAL

Goal 4: Transparent & Open Government

ATTACHMENTS

A. I & R Report, September 2021-December 2021

I & R Report
September 2021

The month of September we received our regular calls regarding City and County Service, Senior Transportation, and Senior Benefits With a few calls regarding Covid vaccine and information. The month of September brought in a total of 54 calls for service.

Senior Transportation (46.30% of calls):

- Individual's health insurance plan
- Dial-A-Ride (City and County)
- ACCESS

Legal Aid (1.85% of calls):

- LAFLA
- Christian legal

Sr. Benefits (20.37% of calls):

- SASSFA
- SCRS-LACDPH
- Whittier meals on wheels

Utilities (9.26% of calls):

- LIHEAP
- Edison
- Gas company

Housing (22.22% of calls):

- LACDA
- HUD.org
- TSA Housing

I & R Report
OCTOBER 2021

The month of September we received our regular calls regarding City and County Service, Senior Transportation, and Senior Benefits With a few calls regarding Covid vaccine and information. The month of September brought in a total of 68 calls for service.

Senior Transportation (64.71% of calls):

- Individual's health insurance plan
- Dial-A-Ride (City and County)
- ACCESS

Sr. Benefits (14.71% of calls):

- SASSFA
- SCRS-LACDPH
- Whittier meals on wheels

Utilities (11.76% of calls):

- LIHEAP
- Edison
- Gas company

Housing (8.82% of calls):

- LACDA
- HUD.org
- TSA Housing

I & R Report
November 2021

The month of November we received our regular calls regarding City and County Service, Senior Transportation, and Senior Benefits. The month of November brought in a total of 64 calls for service.

Senior Transportation (48.44% of calls)

- Individual's health insurance plan
- Dial-A-Ride (City and County)
- ACCESS
-

Legal Services (3.13% of calls):

- Legal Aid
- Christian Legal

Sr. Benefits (7.81% of calls):

- SASSFA
- SCRS-LACDPH
- Whittier meals on wheels

Utilities (11.76% of calls):

- LIHEAP
- Edison
- Gas company

Housing (8.82% of calls):

- LACDA
- HUD.org
- TSA Housing

I & R Summary Report December 2021

As we end 2021 and, with tax season on the horizon we received calls regarding appointments and information. We are glad to announce that will be taking appointments for taxes, which will be held at Palm Park, for the month of December we had a total of 35 calls regarding information for transit, legal Aide, senior benefits, assistance with utilities as well as Housing.

Free Tax Preparations (17.14%)

- CITY OF WHITTIER
- AARP
- SASSFA Tax Preparations
- Mexican-American Opportunity Foundation (MAOF)

Housing (11.43%)

- TSA housing
- Housing Rights Center
- LACDA

Senior Transportation (34.29%):

- City Dial-A-Ride
- County Dial-A-Ride
- ACCESS
- Butterfli
- Refer the individual to his/her health insurance company

Legal Services (17.14%)

- Bet Tzedek
- HERA
- CLA-LA

Utilities (11.43%)

- Edision
- SASSFA

Veterans (8.75%):

- Whittier Library
- Whittier Liberty Plaza
- Veterans Crisis Hotline



Agenda Report

Senior Advisory Committee

Date: January 12, 2022

To: Senior Advisory Committee

From: Erin Hamilton, Community Services Manager

Subject: Uptown Senior Center Update

RECOMMENDATION

Receive and file Uptown Senior Center renovation updates.

BACKGROUND

Since its closure, the Senior Center has been emptied, and park staff has cleaned the exterior of the building. In addition, the landscape and irrigation were repaired and cleaned up. The alarm system sensors were also repaired, and the IT Department re-connected phones, computers, and wi-fi for staff use.

DISCUSSION

The Parks, Recreation, and Community Service Department held a soft “re-opening” of the Senior Center the week of October 4th. Staff works inside the Senior Center four days a week from 9 a.m. to 2 p.m. to help take registrations, information & referral calls and direct patrons to the new Navigation Center.

Staff have met with the architect, Steve Finney, for a walkthrough, and drafts of the renovation plans have been given to staff. In December 2021, member Crawford and staff were able to attend a zoom call with the architect. He walked us through the ADA compliant, landscape, roofing & flooring issues that have to be remedied per LA County and Whittier City codes. The design phase is just beginning, and Member Crawford gave some great suggestions to staff that the architect can research and possibly implement into the new Senior Center.

FISCAL IMPACT

There is no fiscal impact associated with this report.

STRATEGIC PLANNING GOAL

Goal 4: Transparent & Open Government

ATTACHMENTS

None.



Agenda Report

Senior Advisory Committee

Date: January 12, 2022

To: Senior Advisory Committee

From: Erin Hamilton, Community Services Manager

Subject: Parnell Senior Center Events & Programming

RECOMMENDATION

Receive and file Parnell Senior Events & Programming updates.

BACKGROUND

The Senior Services Division executes special events, programming, and information & referral services for senior citizens 55+ years of age.

DISCUSSION

From January through April, the following events and programs are new and will be offered to the seniors:

- La Mirada Theatre field trip to see "Million Dollar Quartet" on Sunday, February 13th, 2022
- March field trip is currently pending availability of tours to the TCL Chinese Theatre in Hollywood.
- Avocado Festival field trip to Fallbrook on Sunday, April 24th, 2022
- AARP Tax Preparation sign-ups will begin on Tuesday, January 11th, 2022 and appointments will begin on Tuesday, February 8th, 2022 at Palm Park and will take place every Tuesday and Wednesday through April 13th, 2022.
- A new class and instructor have been onboarded to offer Danceroletics with Marilyn Grant and will begin on February 28th, 2022.
- Chinese New Year - Year of the Tiger celebration will take place in February.
- Valentine's Day Celebration with small sweets and treats will be held Monday, February 14th, 2022.

This does not include the ongoing programming offered on a regular basis.

FISCAL IMPACT

There is no fiscal impact associated with this report.

STRATEGIC PLANNING GOAL

Goal 4: Transparent & Open Government

Agenda Item No. 5.D

ATTACHMENTS

- A. Trip Flyer
- B. Newsletter
- C. Tax Flyer
- D. Dancerobics



Million Dollar Quartet

AT THE



LA MIRADA THEATRE
FOR THE PERFORMING ARTS

**SUNDAY,
FEBRUARY 13
12:30 P.M. - 4:00 P.M.**

*55+ yrs
\$28 each*

**TICKETS GO ON SALE
MONDAY, JANUARY 24 AT 9 A.M.**

**ELVIS
PRESLEY**

**JERRY LEE
LEWIS**

**JOHNNY
CASH**

**CARL
PERKINS**

The La Mirada Theatre requires per State of California requirements: Patrons regardless of age must show proof of full COVID vaccination or a negative COVID test taken within 72 hours of your performance time. Masks are required indoors regardless of vaccination status.

Eating and drinking will be allowed in designated areas.

Registration available at: www.WhittierRec.com, in person at Parnell Park Senior & Activity Center, or over the phone at (562) 567-9470.

For more information please call Senior Services at (562) 567-9470
Parnell Park Senior & Activity Center, 15390 Lambert Road, Whittier 90604



Fallbrook AVOCADO FESTIVAL

55+ YEARS

SUNDAY,
APRIL

24TH

REGISTER

MONDAY,
MARCH 21ST

10:00 A.M.-4:00 P.M.
\$18 PER PERSON

REGISTRATION AVAILABLE AT:
WWW.WHITTIERREC.COM, IN PERSON AT PARNELL PARK SENIOR & ACTIVITY
CENTER OR OVER THE PHONE AT (562) 567-9470.

FOR MORE INFORMATION, PLEASE CALL SENIOR SERVICES AT (562) 567-9470
PARNELL PARK SENIOR & ACTIVITY CENTER, 15390 LAMBERT ROAD, WHITTIER 90604

SENIOR MOMENTS NEWSLETTER

JANUARY
2021



Happy Holidays!



Need help preparing
your taxes?



Make an Appointment
Tuesday, January 11

Appointments begin
Tuesday, February 8, 2022
Tax help provided by AARP

La Mirada Theatre (\$28)

Sunday, February 13th | 12:30 p.m. - 3:30p.m.

Million Dollar Quartet

Tickets on sale: January 10th

Activity Level: Low - ADA Friendly



Avocado Festival (\$18)

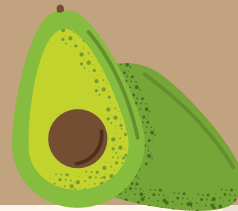
Sunday, April 24th | 8:00 a.m. - 4:00 p.m.

Whittier travels to Fallbrook for their annual Avocado Festival.

Tickets on sale: March 21st

Activity Level: Active. Shuttle to and from festival.

Festival is 8 blocks of closed streets.



For more detailed information please see full flyer or call (562) 567-9470

Appointments will be held
on Tuesdays and
Wednesdays at
Palm Park Aquatic Center,
5703 Palm Ave!

To make an appointment,
please call (562) 567-9470

COVID-19 Update:
Facilities closed until
January 18th

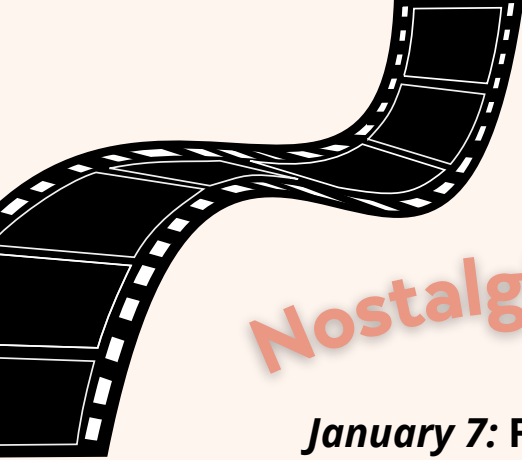
Parnell Park Community & Senior Center

15390 Lambert Rd.

Whittier, CA 90604

(562) 567-9450

Facility Hours: Mon - Fri 8:00AM - 5:00PM



MOVIES AT PARNELL

Nostalgic Movies

January 7: Facility Closed!

January 14: Facility Closed!

*January 21: Knight & Day
(PG-13), 1hr 50min, Action*

*January 28: Taken
(PG-13), 1hr 33min, Action*

Fridays Parnell Park @ 10am

Newer Movies

January 7: Facility Closed!

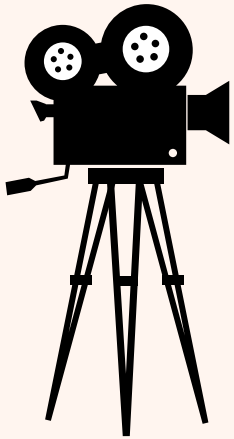
January 14: Facility Closed!

*January 21: Wild Hogs
(PG-13), 1hr 40min, Comedy*

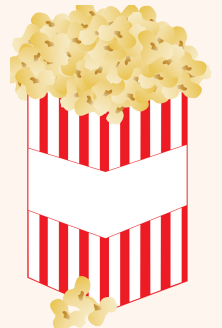
*January 28: The Courier
(PG-13), 1hr 15min, Thriller*

Fridays Parnell Park @ 1pm

FREE



Now Showing



Wild Hogs

Showing: Friday, January 21, 2022

Location: Parnell Park

Description: Frustrated with their lives, four middle-aged men decide to hit the open road and embark on a motorcycle road trip to California. Trouble strikes when they run into the Del Fuegos, a fierce biker gang, and a series of unfortunate incidents leave the Wild Hogs on the run from the Del Fuegos in New Mexico. Do they have what it takes to stand up to their pursuers?



Ongoing Sessions

IN PERSON ONE-ON-ONE TECHNOLOGY SESSIONS

Provided by:
Center for Engagement with Communities
Community Education Program Initiative



When: 2nd Tuesday of the month

10:00 a.m.—11:00 a.m.

Where: Parnell Park

Reservations Required

Call Senior Services at (562) 567-9470

WOMEN'S SUPPORT GROUP

Provided by:

SCRS-IL



When: 3rd & 4th Wednesday

10:00 a.m. - 12:00 p.m.

Where: Parnell Park

Reservations Required

Call SCRS at (562) 862-6531 x 506

Looking for a New Years Resolution?



Pre-register for our classes Coming January 2022
at Parnell Park, 15390 Lambert Rd
(562) 567-9470 or online at WhittierRec.com

Quilting 55+
Instructor:
Eileen Laiche
Fee: \$19
Wednesday
Time: 9am-12pm
Date: February 2 - March 9

Creative Painting 55+

Instructor: Shirley Renteria

Tuesdays

February 8 -

February 8

Thursdays

February 10 -

February 10

Registration:

\$35

Class Time:
9 a.m. - 11 a.m.

Participants provide their own supplies.

DANCEROBICS

Instructor: Marilyn Grant

February 28 - May 19

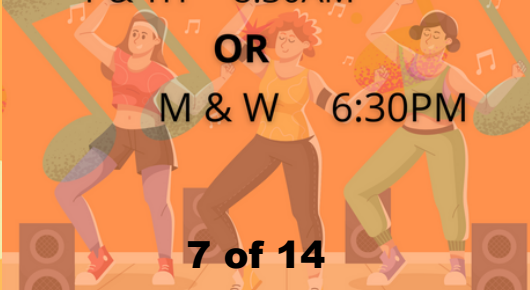
24 LESSONS: \$84.00

55+

T & TH 8:30AM

OR
M & W 6:30PM

7 of 14



Watercolor Workshop 55+

INSTRUCTOR: KATHY BREAUX

MONDAYS
10 A.M. - 12 P.M.

JANUARY 24 - FEBRUARY 14
FEBRUARY 28 - MARCH 14

\$65





DID YOU KNOW?

3G wireless networks are scheduled to shut down in 2022, which will prevent older cell phones that utilize these networks from making or receiving calls. In addition to cell phones, other connected devices such as certain medical devices, alert systems, and security systems that use 3G network services will be impacted.

COVID-19 VACCINATIONS/BOOSTERS

Visit [MyTurn.ca.gov](https://www.MyTurn.ca.gov) or call 833-422-4255 to make an appointment or find a walk-in vaccine clinic near you.



Fare collection resumes on Monday, January 10, 2022.

JANUARY MONTHLY DAR ride cards will be discounted by 25%

JANUARY 2022
Buy two, get one free
(three \$10 cards for \$20; or three \$5 cards for \$10)

For more information please contact (562) 567-9480

DIAL - A - RIDE

Ride cards are available for purchase M-F, 8am-5pm

Palm Park Aquatic Center
5703 Palm Avenue
Whittier, 90601

OR

Parnell Park Activity & Senior Center
15390 Lambert Road
Whittier, 90604

Whittier Community Center
7630 Washington Avenue
Whittier, 90602

Food stamp assistance provided by SCRS



3rd Wednesday of the month
1:00PM-3:00PM

ONLY for SSI and SSDI recipients

Bring the following:

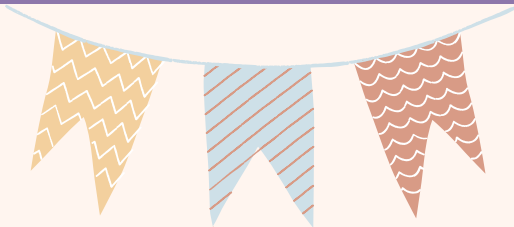
- ID or Drivers License
- Social Security Number
- Proof of Income

To make an appointment call:
Senior Services at (562) 567-9470



CAL FRESH FOOD

LET US CELEBRATE YOU!



Let us celebrate you!

**Senior Monthly
Birthday Ice Cream
Social**

4TH FRIDAY OF EVERY MONTH
STARTING @12PM
PARNELL PARK SENIOR CENTER
15390 LAMBERT ROAD, WHITTIER 90604

SENIOR HIKES

Friday, February 4 at 8:15 AM
Hike level: Easy

*Arroyo Pescadero Trail
7531 South Colima Road,
Whittier, CA 90605*



RSVPs Required

JOIN US

SENIOR CENTER DAILY ACTIVITIES

CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ARTS		Creative Writing 1pm-3pm	Happy Hook Knitting 4:30pm-6:30pm		Needle Crafters 9:30am-12pm Beading Group 1pm-4pm
DANCING			Beg. Line Dance 11am-12pm \$5 Int./Adv. Line Dance 12pm-12:30pm \$5		
WRITING GROUPS			Life Story Writing 2nd (Zoom) & 4th W 1pm-3pm		Whittier Writing Group 9:30am-11:30am
FITNESS	Monday Jam 9am-10am \$3 Sr. Fitness 11am-12pm \$3 Zumba Gold 6:30pm-7:30pm \$5	Senior Fitness 9am-10am \$3 Chair Boxing 11am-12pm \$3 Tai Chi 10am-11am \$3	Sr. Fitness 11am-12pm \$3 Joyful Movement 9am-10am \$3	Sr. Fitness 9am-10am \$3 Chair boxing 11am-12pm \$3 Tai Chi 11:30am-12:30pm \$3 Zumba Gold 6:30pm-7:30pm \$5	Joyful Movement 11am-12pm \$3 Tai Chi 10am-11am \$3 Latin Groove 9am-10am \$3 Senior Hikes 1st F

ONGOING ACTIVITIES

CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ongoing Activities		Chess 9am-11:30am Canasta 10am-1pm (Uptown Group) Book Club 4th T	Canasta 10am-1pm (Uptown Group) Women's Group 3rd & 4th W	Chess 9am-11:30am	Canasta 1pm-4pm (Parnell Group) Pinochle Group 12pm-5pm Zoom/Tech Training @10am-12pm (Appt)
Movie Days					Nostalgic Movies 10am Newer Movies @1pm

Parnell Park Community & Senior Center

15390 Lambert Rd.

Whittier, CA 90604

(562) 567-9450

Facility Hours: Monday - Friday 8:00 AM - 5:00 PM

Fun Activities

New Years Word Scramble

Instructions: Unscramble the letters to find the New Years words from the list below.

e s r t g i n g e _ _ _ _ _
t a l b f o o l _ _ _ _ _
u t c n w o d n o _ _ _ _ _
s i e k w f r o r _ _ _ _ _
i o s e p x t c e n a t _ _ _ _ _
a s v i e l f t _ _ _ _ _
l c a n d a e r _ _ _ _ _
i a c s c n o o _ _ _ _ _
o n c i f e t t _ _ _ _ _
b r c e e n i a l o t _ _ _ _ _
r m s s e a r t e _ _ _ _ _
o e m s i k a n s e r _ _ _ _ _

Word List

calendar	expectations	greetings
celebration	festival	noisemakers
confetti	fireworks	occasion
countdown	football	streamers



Fun Activities

HAPPY NEW YEAR



X L F A U M T V S G V L
R F B E G I N N I N G O
F J S F A D F A M I L Y
I A F R X N W C A C P U
R N Q I M I G L W L A L
E U O E S G R O S G R L
W A J N F H J C I C A E
O R B D Q T F K V P D C
R Y B S A P A R T I E S
K N E W Y E A R A A S T
S C O U N T D O W N N X
C E L E B R A T I O N J

FIREWORKS
COUNTDOWN
CELEBRATION

JANUARY
CLOCK
NEW YEAR

MIDNIGHT
FAMILY
BEGINNING

FRIENDS
PARTIES
PARADES



AARP® Free Tax Preparation

For seniors (55+) and/or persons who are disabled.
By appointment only!

Tax Days:

February 8 through April 13, 2022

Tuesdays: 9 a.m.- 12 Noon

Wednesdays: 9 a.m.- 12 Noon

Location:

Palm Park

5703 Palm Ave.

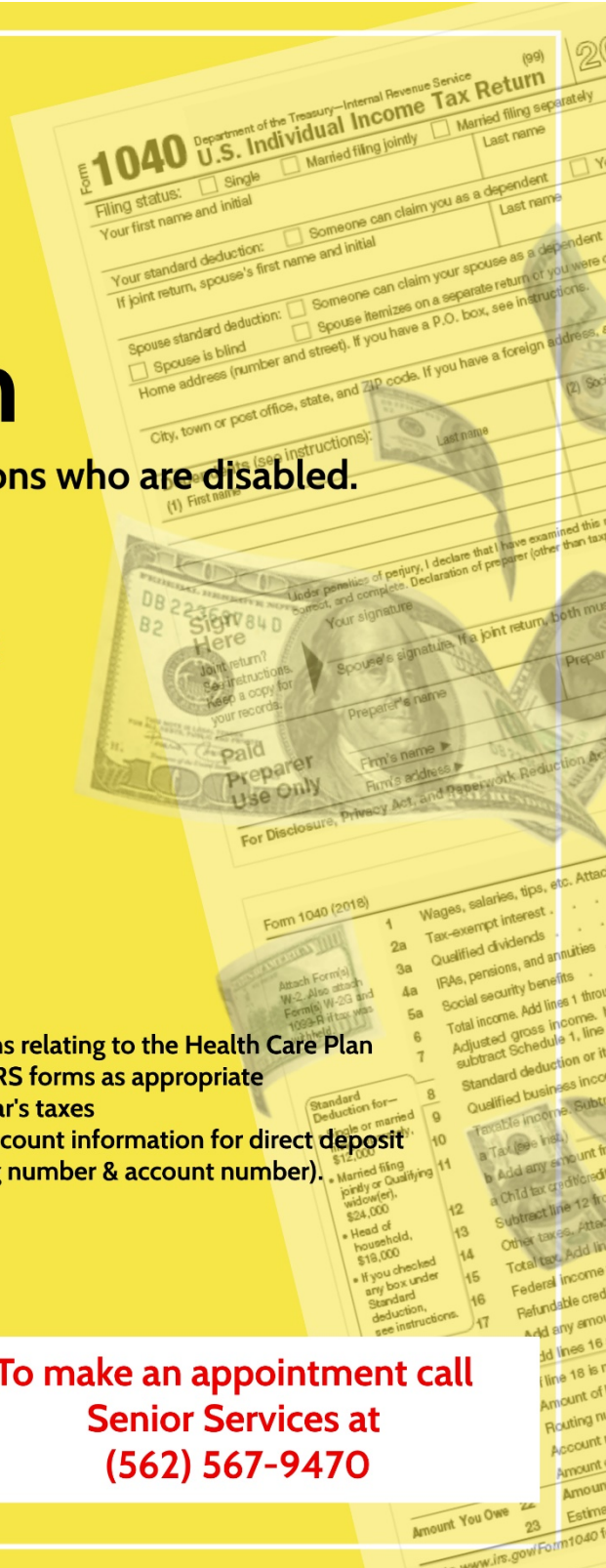
Whittier, CA 90601

- Social security cards for yourself, each child and/or dependent
- State issued photo ID
- W-2 forms
- 1099 forms
- Unemployment forms
- Proof of childcare payments (if applicable)
- All forms relating to the Health Care Plan
- Other IRS forms as appropriate
- Last year's taxes
- Bank account information for direct deposit (routing number & account number).

Appointments being taken starting: Tuesday, January 11



To make an appointment call
Senior Services at
(562) 567-9470



DANCEROBICS

Instructor: Marilyn Grant



February 28 - May 19

24 LESSONS: \$84.00

T & TH 8:30AM

OR

M & W 6:30PM



Parnell Park

Senior & Activity Center

15390 Lambert Road, Whittier 90604

Register online at whittierrec.com, in person at Parnell Park or by phone by calling (562) 567-9450



Agenda Report

Senior Advisory Committee

Date: January 12, 2022
To: Senior Advisory Committee
From: Erin Hamilton, Community Services Manager
Subject: New Senior Advisory Committee Member Application

RECOMMENDATION

Appoint David Wilkens to fill a part-term vacancy on the Senior Advisory Committee expiring June 30, 2022.

BACKGROUND

There are currently seven filled positions and two open vacancies on the Senior Advisory Committee (Attachment A).

DISCUSSION

The Bylaws allow the Chair to appoint new members onto the Committee, throughout the year, so that a special election is not required. David Wilkens has completed the Senior Advisory Committee application form for review by the Committee. He is a City of Whittier resident with over 40 years' experience working as an administrator of retirement homes and senior centers. David used to serve as the Manager of The Posada near Uptown Whittier, where according to Ellen Perry, Editor New Press, "senior citizens are his hobby and his life" (Attachment B).

FISCAL IMPACT

None.

STRATEGIC PLANNING GOAL

Goal 4: Transparent & Open Government

ATTACHMENTS

- A. 2021 Roster
- B. Application Form and Supporting Document

**SENIOR ADVISORY COMMITTEE
TERMS OF OFFICE
As of September 2021**

Year Expires	Name	First Appointed	Part Term Expires	1st 2yr Term	2nd 2 yr Term	Service
6/30/22	Rachael Slifco	3/11/20	6/30/20	6/30/22		Appointed to part term vacant position 3/11/2020. COVID continue service without election. Eligible for re-election to a two-year term starting July 1, 2022.
6/30/22	Rose Mary Garcia	3/10/21	6/30/22			Oath taken 3/10/21 to fill part term vacant position ending 6/30/22.
6/30/22	Geneva Crawford	1/2014	06/2016	6/30/18	6/30/20	Appointed to fill vacant position 1/2014. Second term ended June 30, 2020. COVID continue service until position filled.
6/30/22	VACANT					
6/30/22	VACANT					
6/30/23	Shirley Oebel	7/12/17		6/30/19	6/30/21	Appointed to fill vacant position 7/12/2017. Second term ended June 30, 2021. COVID continue service until position filled.
6/30/23	Stella Reyes	7/12/17		6/30/19	6/30/21	Appointed to fill vacant position 7/12/2017. Second term ended June 30, 2021. COVID continue service until position filled.
6/30/23	Delia Morales	3/11/20	6/30/21	6/30/23		Appointed to part term vacant position 3/11/2020. COVID continue service without election. Eligible for re-election to a two-year term starting July 1, 2023.
6/30/23	Irene Corral	3/11/20	6/30/21	6/30/23		Appointed to part term vacant position 3/11/2020. COVID continue service without election. Eligible for re-election to a two-year term starting July 1, 2023.

SENIOR ADVISORY COMMITTEE APPLICATION

Application Deadline: ongoing

APPLICANT MUST:

- Be 55 years and older and a current member of the Whittier Senior Center(s)
- Reside within the City of Whittier city limits
- Have this form completed and returned to Uptown or Parnell Park Senior Center

Applicant Print Name David Wilkens

Phone _____

Address _____

Zip Code 90601

E-Mail Address _____

Information contained below may be used during the election process.

Also include your length of membership with the Whittier Senior Center(s):

40 years as Administrator of Retirement Homes / work with Senior Centers

Please list all organizations, with which you are affiliated, the length of time you have been active, and any offices you have held.

My leadership experience in schools, churches, work and communities has given me a wide range of opportunities to be creative in successful programs

Please indicate your area of interest and/or expertise:

Administration Marketing Activities Newsletters Wow events

Write a brief statement as to why you are interested in serving on the Committee and what you can contribute:

Retiring at Age 73 has exposed me to working with staff, residents, families and community leaders at all levels. See attached paperAre you available to meet the 2nd Wednesday of odd numbered months (1:30 - 3 p.m.)? YES NOThis form must be returned to the Senior Center, 13225 Walnut Street, Whittier, CAORParnell Park, 15390 Lambert Road, Whittier CA

Applicant Signature: _____

Date: 7-27-21

For more information about the election process, please call the office at (562) 567-9470

Office Use Only

Staff Who Received Application: _____

Date: _____

Applicant Meets Minimum Qualification:

YES

NO



SENIORS

More than just a job for David Wilkens

All you have to do is talk to David Wilkens to realize that Senior Citizens are his hobby, his life and his love of people.

David is the Manager of The Posada at Whittier, a 77 room facility offering the best in retirement living. The position isn't just a job for him — it is a way of life that began when he was a child. While his father looked after the family farm, David's Mother followed her profession as a Registered Nurse. His family includes David's only brother, Don.

David was born in Dover, Delaware and his family later moved to Virginia where his parents were called to staff a local hospital. After graduating from high school, he traveled to California and enrolled at Loma Linda University where he majored in Sociology and Music. After graduation, he returned to Tidewater Memorial Hospital in Virginia where, for the next five years, he served as Purchasing and Personnel Director.

During the Country's Bicentennial year, David was asked to Administrate the Nursing Management program at Glendale Adventist Medical Center. Later he became licensed in Nursing Home Administration. In 1980, he started working for Chris Berg, owner of Posada Whittier. Later David began a radio talk show called, "Senior Living Points of View" aired on KIEV 870 AM, where Senior organizations were guests on his show.

Mr. Wilkens has been involved in community programs such as Kiwanis, Council on Aging, Seniors Fair and City Government activities. He also participates on hospital, church, credit union and school boards. Over the years, he has traveled to many parts of the world.

David has endeared himself to residents at "The Posada". His gentle manner expresses his compassion, care and concern for the residents. His artistic touches can be found everywhere at the Posada, from the outdoor landscaping to the coordination of each room.

With his background in music, David has presented many piano and organ concerts during the dinner hour at the hotel. He has served as choir director, conducting a 400-voice choir. In addition he has organized a Singles' club with a membership of more than 2,000 and has been an Associate Pastor of a 1400 membership church. David did Post Graduate work at George Washington University in Health Care Administration.

Residents believe he has certainly found his niche. Most of the residents lovingly call him "our David."

By Ellen Perry, Editor New Press